

LUNDI MONDAY		MARDI TUESDAY		MERCREDI WEDNESDAY		JEUDI THURSDAY		VENDREDI FRIDAY		SAMEDI SATURDAY	
Mat.	Reformer	Mat.	Reformer	Mat.	Reformer	Mat.	Reformer	Mat.	Reformer	Mat.	Reformer
11:00 Pilates Reformer										10:15 Pilates Reformer	
12:20 Small Equipment		12:20 Yoga Yiengar						12:20 Mat. 2/3		11:30 Mat. 1/2	
14:30 MoMMY & Me Pilates											
17:00 Pilates Pregnancy						17:00 Pilates Pregnancy					